

VIRGINIA ALICIA PITTMAN-WALLER, MD, MPH

575 E. Medical Center Blvd., Webster, Texas 77598
281-282-9555, Fax 281-282-9565; vapittman@myhprs.com

Education:

- 1997 **The University of Texas School of Medicine at San Antonio**
Doctor of Medicine.
- 1988 **Yale University School of Medicine, New Haven, Connecticut.**
Master of Public Health.
- 1986 **Vassar College, Poughkeepsie, New York.**
Bachelor of Arts, English.
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Plastic Surgery Residency:

- 2004-2006 **PGY-6, PGY-7, The Methodist Hospital/Christus St. Joseph Hospital,**
Houston, Texas.

General Surgery Residency:

- 2001-2004 **PGY-3, PGY-4, PGY-5, University of Medicine and Dentistry of New Jersey, New**
Jersey Medical School/Morristown Memorial Hospital, Morristown, NJ.
- 2000-2001 **Surgical Research Year, University of Louisville School of Medicine and Brown**
Cancer Center, Louisville, KY.
- 1997-2000 **PGY-1 (Internship), PGY-2, The University of Texas Health Science Center at**
San Antonio, San Antonio, TX.
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Experience:

- 2006-Present **Private Practice in Plastic Surgery, San Antonio, Texas.**
- 1993-2005 **Contributing Editor, *CBS Evening News with Dan Rather*, New York City, NY.**
- 1989-1993 **Producer/Writer, CBS News, New York City, NY.**
Producer and writer for CBS News Anchor, Dan Rather.
Producer and writer for *Healthtalk*, a nationally broadcast daily health and
medical news program.

Producer for *In the Marketplace*, a daily business news summary with analysis.

Special events writer for *America Tonight* with Charles Kuralt and Connie Chung.

Highlights include:

Persian Gulf War,

Acts of international terrorism,

Presidential Elections 1984, 1988, 1992, and

International Conferences on medicine, economics, and politics.

1988–1989 **Director, The Fowler Center for Wildlife Education**, New York.
Associate Producer for wildlife segments on NBC's Today Show with Wild Kingdom's Jim Fowler and an assorted cast of exotic animals.

Spokesperson for the Center via presentations, speeches, public appearances and written articles for publication on the health and welfare of wild animals in order to educate the public.

1988 **Director, First Annual CME Consortium Meeting**, New York, NY.
Organized and coordinated this event by combining a representative group of 12 medical schools across the USA in order to plan and improve the quality of continuing medical education.
Selected NYC Mayor Ed Koch and The Plaza Hotel President, Ivana Trump, to make the opening addresses for this 3-day event.

1987–1988 **Director, Yale Public Health Film Projects**, New Haven, CT.
Filmed and produced a videotape on patients conquering cancer at the Yale Comprehensive Cancer Center to augment my research on the psychological impact of the disease.

Voice-overs and narrations for Yale Biomedical Communications.

Producer, "Drugs in Pregnancy," an educational film used by the World Health Organization to teach pregnant women about the risks associated with OTC drug use. (Translated into Spanish, French, Dutch and German.)

1987 **Medical Reporter, MDA-TV**, Houston, TX.
Reported on medical events occurring at M.D. Anderson Hospital and Tumor Institute and the Texas Medical Center.

Producer, three videotapes for the Texas Cancer Council on Lung Cancer, Breast Cancer, and Cancer Prevention.

1984–1987 **OB/GYN Assistant**, AMI Park Plaza Hospital, Houston, TX.
Worked with Obstetrician-Gynecologist, Dr. John Kenneth Cox in surgery and deliveries.

1983–1984 **News Program Director, WVKR Radio**, Poughkeepsie, NY. Produced news spots, weekend news reports, and specials.

- 1982–1985 **CBS News Field Producer**, New York, Houston, Dallas, and NASA. Covered Space Shuttle launches from the Johnson Space Center, 1982–1984, and the Presidential Election and Inauguration, 1984.
- 1978–1979 **Junior Docent**, The Houston Zoo. Assisted nursery personnel in taking care of newborns and injured animals.
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Publications:

- 2008 Skin Deep: Post-Bariatric Body Contouring Surgery Can Benefit Formerly Overweight Patients, *San Antonio Medicine*, February, 2008.
- 2006 **Co-author** with Robert A. Ersek, Martin Schaeferle, Hamid Massiha, Mark Slaisbury, Inna Wilkerson, and Peter Chang, *The New Breast Book*, Austin: Med West Publishing.
- 2001 Appendicitis: Why So Complicated? Analysis of 5,755 Consecutive Appendectomies. *The American Surgeon*, January, 2001.
- 1994 **Editor and Consultant** to **Gordon Parks** for his poetry and photography book, *Arias in Silence*, published by Bulfinch Press, Boston.
- 1994 **Contributor** to **Dan Rather** for his book, *The Camera Never Blinks Twice*, published by William Morrow and Company, Inc., New York.
- 1988 **Co-author** with **M.R.C. Greenwood, PhD** of the introductory chapter on eating disorders entitled, "Weight Control: A Complex, Various, and Controversial Problem" in *Obesity and Weight Control: The Health Professional's Guide to Understanding and Treatment*, eds. Frankle and Yang, Aspen Publishing, Aspen.
- 1988 **Author**, *Coping with Cancer*, Yale Comprehensive Cancer Center, Yale University Press, New Haven.
- 1986–1988 **Student Editor**, *The Yale Journal of Biology and Medicine*, New Haven.
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Research and Public Health Projects at the University of Louisville School of Medicine:

- 2000-01 Researched and authored all cancer prevention pamphlets for the state-wide Kentucky Cancer Program.
Edited and Compiled Breast Cancer Awareness, Prevention, and Treatment Packets for physicians that included a CD-ROM, handouts, and CME test questions.
Organized health promotion and disease prevention symposium for visiting Romanian physicians.

Research at The University of Texas Health Science Center:

1997-2000 Prospective study of patients with acute appendicitis.

Other Research:

- 1988 Studied the public health and psychological-emotional impact of living with a chronic disease, with special concentration on a young woman with spina bifida.
- 1987 Two years of research and follow-up with cancer patients coping with their disease at the Yale Comprehensive Cancer Center, New Haven, CT.
- 1986 Studied the genetic predisposition towards obesity with Dr. M.R.C. Greenwood in the Department of Biology at Vassar College, Poughkeepsie, NY.
- 1985 Selected to be a member of a U.S. Medical Team on a research project in Zimbabwe, Africa. Assessed the impact of maternal diet on infant health. Collected data, treated malnourished children and taught basic nutrition to Shona women in the bush.
- 1983 Worked at the Kewalo Basin Marine Mammal Lab at the University of Hawaii in Honolulu with world renowned whale and dolphin expert, Dr. Louis Hermann. Learned sign language skills to communicate with dolphins, named Akea and Phoenix, and analyzed data on their ability to understand and execute sophisticated sequences of response to the sign language and to high-pitched underwater signals.
- 1982 Surgical Assistant to Dr. Terrance Dawson, Head of the Department of Zoology at the University of New South Wales in Sydney, Australia. Studied the migratory habits of the red and gray kangaroos and collected data on their ability to adapt to the arid environment of the Outback at Fowler's Gap in New South Wales, Australia.
- 1978 Intelligence testing and behavioral conditioning with orangutans at The Stone Zoo in Stoneham, MA. under primatologist, Deborah Schildkraut of Lowell University.

Papers and presentations during residency:

- 2005 Breast Augmentation for Asymmetrical Breasts. Paper presented at the Texas Society of Plastic Surgeons Annual Scientific Meeting, San Antonio, Texas, October 21, 2005.
- 2000 Appendicitis: Why So Complicated? Analysis of 5,755 Consecutive Appendectomies. Paper presented at the Southeastern Surgical Congress, Orlando, FL, February 6, 2000.

Papers and presentations during medical school:

- 1996 Estrogen Replacement Therapy in Post-Menopausal Women
Mad Cow Disease
Obstetrical Infections:
 Toxoplasmosis, Syphilis, Rubella, CMV, Herpes, Chorioamnion-
 itis, GBS and HIV
Surgically Correctable Forms of Hypertension
Case reports on patients with:
 congestive heart failure
 lung cancer
- 1995 Anesthetizing the Trauma Patient
Apnea of Prematurity
Case reports on patients with:
 acute achilles tendon rupture
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Projects during medical school:

- 1996 **Vice President, Pittman-Waller, International, Inc.**
Organized seminar by *New York Times* best-selling author, Dannion Brin-
kley in San Antonio in February 1996.
- 1995 **Public Relations Director, American Medical Student Association
(AMSA) Fund Raising Committee**
Organized publicity for events to raise money for Providence Home (a
home for HIV+ children in San Antonio, Texas).
- 1994 **Co-chair, Texas Medical Association's Residency Forum**
University of Texas Health Science Center at San Antonio on November 1,
1994.
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Leadership Positions during college and graduate school:

- 1988-1989 **Coordinator, Special Olympics at Yale University (Summers).**
- 1986-1988 **EPH Student Representative on the Yale Medical School Council.**
- 1986-1988 **Student Council Representative, Yale University Epidemiology and Pub-
lic Health Student Organization (EPHSO).**
- 1985-1986 **Emergency Medical Technician, organized on-campus and Poughkeepsie
community emergency response teams.**
- 1982-1984 **Student Representative to the Governing Council, Vassar College.**

Honors and Awards:

- 1993 **Outstanding Documentary of the Year**, Motion Picture Academy Foundation, *Freedom to Hate*, a film documentary on anti-Semitism in the former Soviet Union, associate producer.
- 1992 **Golden Eagle Film Award**, CINE International, for *Freedom to Hate*.
- 1992 **Award Winner**, Houston Film and Arts Society.
- Grant Recipient**, M.D. Anderson Hospital and Tumor Institute, Houston, Texas.
- 1988 Graduated **with distinction** from Yale University
- 1982 Graduated *cum laude* from The Kinkaid School.
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Certifications:

- 1998–present Texas State Board of Medical Examiners,
Physician License Number K5666.
- 2000–2002 Kentucky Board of Medical Licensure, License Number 36131.
- 1996–present Advanced Cardiac Life Support.
- 1995–present Basic Cardiac Life Support.
- 1997 Advanced Trauma Life Support.
- 1986–1989 New York State Emergency Medical Technician.
- 1980 First Class Broadcasting License with a Radar Endorsement
(Youngest recipient at age 16).
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Memberships:

American Medical Association
American Public Health Association
Texas Medical Association
Bexar County Medical Society
San Antonio International Society of Plastic Surgeons
National Association of Popular Music and the Songwriters' Hall of Fame
Writers Guild of America, East

Community Service and Commitments:

- 1997–2000 **Ethics Committee Member**, Bexar County Medical Society

Served on the committee that addressed county-wide ethical issues in and around San Antonio, Texas.

1999 **House Staff Representative, Resident's National Forum**
New York City, April 1999, addressing how to improve living conditions for residents, while maintaining excellent standards in the quality of medical training and education.

1997–1999 **House Staff Council Member, University Health System**
Served as a representative of the interns and residents in the Department of General Surgery at the University of Texas Health Science Center at San Antonio.

1985–2000 **Board Member, Friends of Conservation**
Responsible for organizing fund raising events at The Explorer's Club in New York City, as well as yearly events in Greenwich, CT, Chicago, IL, and Nairobi, Kenya to fight against poaching in East Africa.

1985–1995 **Executive Planning Committee Member**
Rolex Gold Cup Polo and Charity Event with HRH Charles, The Prince of Wales, in Palm Beach, Florida to benefit the Friends of Conservation.

Houston:

The Museum of Health and Medical Science
Hermann Hospital
Harris County Heritage Society

San Antonio:

Las Casas Foundation
The Charity Association of San Antonio
The San Antonio Symphony
Providence Children's Home
1996 San Antonio Symphony Pied Piper Charity Event
1995 Phantom Voices Charity Event

Performing Arts:

1993 *Cafe 44*, New York City club debut in January 1993.

1993 *The Joe Franklin Show*, New York City. National television vocal debut with the original song, "Touch Me Again," in July 1993.

1998 "*Cáptame*" Recording artist for Crimson Angel Productions, Inc. International vocal album in Spanish, 1999 release.